

2019 BIBLE READING PLAN

RECOMMENDED LISTENING

“Devoted to the Word”
“Foundational Assumptions”
“Cultivating a Fruitful Life in the Word”
“Putting Sin to Death”
“The Secret Life and Solitude”
Q&A Session

Go to our website:
<https://rgcfairfax.org/resources/bible-reading-plan/>

Our thanks to Mike Bullmore for teaching us to
prayerfully meditate on Scripture!

“You can also find other bible reading plans at:
<http://www.esv.org/resources/reading-plans/>

“The reason we come away so cold from
reading the word is because we do not warm
ourselves at the fire of meditation.”

THOMAS WATSON



3 KEYS TO PRAYERFUL MEDITATION

1

Briefly pray for God's help as you read His Word. Humbly acknowledge your need for this help. Ask God to feed you with His Word. This small act of humility will position you for God's grace. Remember, "God opposes the proud, but he gives grace to the humble." See prayers on page 6 of this booklet.

2

In an unhurried way, read through a pre-selected portion of Scripture. What you are seeking for is prayerful meditation on God's Word. You are seeking to let God feed you with His Word.

- Set aside enough time so you can be unhurried in your reading.
- Have a plan for what you will read.
- Prayerfully meditate as you read.

"Meditating is thinking about, reflecting upon, considering, taking to heart, reading slowly and carefully, prayerfully taking in, and humbly receiving into mind, heart and will that which God has revealed."

Peter Toon in *Meditating as a Christian*

3

Let your meditation on Scripture lead you into a time of prayer according to your own life situation, needs and responsibilities.

QUESTIONS TO PROMOTE APPLICATION. LOOK FOR:

- commands to obey
- examples to follow
- promises to claim
- invitations to worship
- man's need for a Savior
- truth to believe
- sins to forsake
- principles to live by
- God's disposition to provide a Savior

FAVORITE QUOTES

"When you read or hear [the Word of God], reflect on yourselves as you go along, comparing yourselves and your own ways with what you read or hear. Reflect and consider what agreement or disagreement there is between the word and your ways."¹

Jonathan Edwards

"For it is by meditation that we ransack our deep and false hearts, find out our secret enemies, come to grips with them, expel them, and arm ourselves against their re-entrance. By meditation we make use of all good means, fit ourselves for all good duties. By meditation we see our weaknesses, obtain redress, prevent temptations, cheer up our loneliness, temper our occasions of delight, get more light unto our knowledge, add more heat to our affections, put more life into our devotions."²

Bishop Joseph Hall

"If I have observed anything by experience, it is this: a man may take the measure of his growth and decay in grace according to his thoughts and meditations upon the person of Christ, and the glory of Christ's Kingdom, and of His love."³

John Owen

¹Jonathan Edwards, *The Works of Jonathan Edwards*, vol. 2, p. 177.

²Bishop Joseph Hall, *The Art of Meditation, Christian Life Classics*, vol. 3, p. 427.

³John Owen in *A Puritan Golden Treasury* ed. by I.D.E. Thomas, p. 184.

3 Keys to Prayerful Meditation is from Mike Bullmore's *Train Yourself for Godliness: Practicing the Spiritual Disciplines Seminar* at Redeeming Grace Church, August 11, 2007.

The Reading Plan on the following pages is adapted from *For the Love of God, Volume One* by D.A. Carson.

SOME SAMPLE PRAYERS

Changeless God, as I read your Word, would you please make yourself known to me. Amen

Searcher of hearts, as I come to your Word, would you please form your mind and your heart in me. I want to think about things the way you think about things. I want to feel about things the way you feel about things. And I want to respond to things the way you would have me respond to things. So God, I ask for your help now through your Word. Amen

Father in heaven, as I read your Word, please “open my eyes, that I may behold wondrous things out of your law.” [PSALM 119:18](#)

Holy father, my heart is not inclined to your Word this morning. Oh God, please “incline my heart to your testimonies, and not to selfish gain.” [PSALM 119:36](#)

“Make me to know your ways, O Lord; teach me your paths. Lead me in your truth and teach me, for you are the God of my salvation; for you I wait all the day long.” [PSALM 25:4-5](#)

God of grace, “please show me now your ways, that I may know you.” [EXODUS 33:13](#)

“Search me, O God, and know my heart! Try me and know my thoughts! And see if there be any grievous way in me, and lead me in the way everlasting!” [PSALM 139:23-24](#)

Oh Father, would you out of the riches of your glory strengthen me with power by your Spirit in my inner man so that, as I read your Word, Christ might dwell in my heart by faith and I might be rooted and grounded in His love, and, in fact, know His love for me today. [CF. EPHESIANS 3:16-19](#)

Oh God, my God, “satisfy me again this morning with your steadfast love, that I may rejoice and be glad all day long.” [PSALM 90:14](#)

“Speak Lord, for your servant hears.” [1 SAMUEL 3:10](#)

JANUARY

Jan 01	Gen 1	Matt 1
Jan 02	Gen 2	Matt 2
Jan 03	Gen 3	Matt 3
Jan 04	Gen 4	Matt 4
Jan 05	Gen 5	Matt 5
Jan 06	Gen 6	Matt 6
Jan 07	Gen 7	Matt 7
Jan 08	Gen 8	Matt 8
Jan 09	Gen 9-10	Matt 9
Jan 10	Gen 11	Matt 10
Jan 11	Gen 12	Matt 11
Jan 12	Gen 13	Matt 12
Jan 13	Gen 14	Matt 13
Jan 14	Gen 15	Matt 14
Jan 15	Gen 16	Matt 15
Jan 16	Gen 17	Matt 16
Jan 17	Gen 18	Matt 17
Jan 18	Gen 19	Matt 18
Jan 19	Gen 20	Matt 19
Jan 20	Gen 21	Matt 20
Jan 21	Gen 22	Matt 21
Jan 22	Gen 23	Matt 22
Jan 23	Gen 24	Matt 23
Jan 24	Gen 25	Matt 24
Jan 25	Gen 26	Matt 25
Jan 26	Gen 27	Matt 26
Jan 27	Gen 28	Matt 27
Jan 28	Gen 29	Matt 28
Jan 29	Gen 30	Mark 1
Jan 30	Gen 31	Mark 2
Jan 31	Gen 32	Mark 3

FEBRUARY

Feb 01	Gen 33	Mark 4
Feb 02	Gen 34	Mark 5
Feb 03	Gen 35-36	Mark 6
Feb 04	Gen 37	Mark 7
Feb 05	Gen 38	Mark 8
Feb 06	Gen 39	Mark 9
Feb 07	Gen 40	Mark 10
Feb 08	Gen 41	Mark 11
Feb 09	Gen 42	Mark 12
Feb 10	Gen 43	Mark 13
Feb 11	Gen 44	Mark 14
Feb 12	Gen 45	Mark 15
Feb 13	Gen 46	Mark 16
Feb 14	Gen 47	Lu 1:1-38
Feb 15	Gen 48	Lu 1:39-80
Feb 16	Gen 49	Lu 2
Feb 17	Gen 50	Lu 3
Feb 18	Ex 1	Lu 4
Feb 19	Ex 2	Lu 5
Feb 20	Ex 3	Lu 6
Feb 21	Ex 4	Lu 7
Feb 22	Ex 5	Lu 8
Feb 23	Ex 6	Lu 9
Feb 24	Ex 7	Lu 10
Feb 25	Ex 8	Lu 11
Feb 26	Ex 9	Lu 12
Feb 27	Ex 10	Lu 13
Feb 28	Ex 11:1-12:20	Lu 14

MARCH

Mar 01	Ex 12:21-51	Lu 15
Mar 02	Ex 13	Lu 16
Mar 03	Ex 14	Lu 17
Mar 04	Ex 15	Lu 18
Mar 05	Ex 16	Lu 19
Mar 06	Ex 17	Lu 20
Mar 07	Ex 18	Lu 21
Mar 08	Ex 19	Lu 22
Mar 09	Ex 20	Lu 23
Mar 10	Ex 21	Lu 24
Mar 11	Ex 22	John 1
Mar 12	Ex 23	John 2
Mar 13	Ex 24	John 3
Mar 14	Ex 25	John 4
Mar 15	Ex 26	John 5
Mar 16	Ex 27	John 6
Mar 17	Ex 28	John 7
Mar 18	Ex 29	John 8
Mar 19	Ex 30	John 9
Mar 20	Ex 31	John 10
Mar 21	Ex 32	John 11
Mar 22	Ex 33	John 12
Mar 23	Ex 34	John 13
Mar 24	Ex 35	John 14
Mar 25	Ex 36	John 15
Mar 26	Ex 37	John 16
Mar 27	Ex 38	John 17
Mar 28	Ex 39	John 18
Mar 29	Ex 40	John 19
Mar 30	Lev 1	John 20
Mar 31	Lev 2-3	John 21

APRIL

Apr 01	Lev 4	Ps 1-2
Apr 02	Lev 5	Ps 3-4
Apr 03	Lev 6	Ps 5-6
Apr 04	Lev 7	Ps 7-8
Apr 05	Lev 8	Ps 9
Apr 06	Lev 9	Ps 10
Apr 07	Lev 10	Ps 11-12
Apr 08	Lev 11-12	Ps 13-14
Apr 09	Lev 13	Ps 15-16
Apr 10	Lev 14	Ps 17
Apr 11	Lev 15	Ps 18
Apr 12	Lev 16	Ps 19
Apr 13	Lev 17	Ps 20-21
Apr 14	Lev 18	Ps 22
Apr 15	Lev 19	Ps 23-24
Apr 16	Lev 20	Ps 25
Apr 17	Lev 21	Ps 26-27
Apr 18	Lev 22	Ps 28-29
Apr 19	Lev 23	Ps 30
Apr 20	Lev 24	Ps 31
Apr 21	Lev 25	Ps 32
Apr 22	Lev 26	Ps 33
Apr 23	Lev 27	Ps 34
Apr 24	Num 1	Ps 35
Apr 25	Num 2	Ps 36
Apr 26	Num 3	Ps 37
Apr 27	Num 4	Ps 38
Apr 28	Num 5	Ps 39
Apr 29	Num 6	Ps 40-41
Apr 30	Num 7	Ps 42-43

MAY

May 1	Num 8	Ps 44
May 2	Num 9	Ps 45
May 3	Num 10	Ps 46-47
May 4	Num 11	Ps 48
May 5	Num 12-13	Ps 49
May 6	Num 14	Ps 50
May 7	Num 15	Ps 51
May 8	Num 16	Ps 52-54
May 9	Num 17-18	Ps 55
May 10	Num 19	Ps 56-57
May 11	Num 20	Ps 58-59
May 12	Num 21	Ps 60-61
May 13	Num 22	Ps 62-63
May 14	Num 23	Ps 64-65
May 15	Num 24	Ps 66-67
May 16	Num 25	Ps 68
May 17	Num 26	Ps 69
May 18	Num 27	Ps 70-71
May 19	Num 28	Ps 72
May 20	Num 29	Ps 73
May 21	Num 30	Ps 74
May 22	Num 31	Ps 75-76
May 23	Num 32	Ps 77
May 24	Num 33	Ps 78:1-39
May 25	Num 34	Ps 78:40-72
May 26	Num 35	Ps 79
May 27	Num 36	Ps 80
May 28	Deut 1	Ps 81-82
May 29	Deut 2	Ps 83-84
May 30	Deut 3	Ps 85
May 31	Deut 4	Ps 86-87

JULY

Jul 1	Josh 3	Ps 126-128
Jul 2	Josh 4	Ps 129-131
Jul 3	Josh 5	Ps 132-134
Jul 4	Josh 6	Ps 135-136
Jul 5	Josh 7	Ps 137-138
Jul 6	Josh 8	Ps 139
Jul 7	Josh 9	Ps 140-141
Jul 8	Josh 10	Ps 142-143
Jul 9	Josh 11	Ps 144
Jul 10	Josh 12-13	Ps 145
Jul 11	Josh 14-15	Ps 146-147
Jul 12	Josh 16-17	Ps 148
Jul 13	Josh 18-19	Ps 149-150
Jul 14	Josh 20-21	Acts 1
Jul 15	Josh 22	Acts 2
Jul 16	Josh 23	Acts 3
Jul 17	Josh 24	Acts 4
Jul 18	Judg 1	Acts 5
Jul 19	Judg 2	Acts 6
Jul 20	Judg 3	Acts 7
Jul 21	Judg 4	Acts 8
Jul 22	Judg 5	Acts 9
Jul 23	Judg 6	Acts 10
Jul 24	Judg 7	Acts 11
Jul 25	Judg 8	Acts 12
Jul 26	Judg 9	Acts 13
Jul 27	Judg 10	Acts 14
Jul 28	Judg 11	Acts 15
Jul 29	Judg 12	Acts 16
Jul 30	Judg 13	Acts 17
Jul 31	Judg 14	Acts 18

SEPTEMBER

Sep 1	1 Sam 25	1 Cor 6
Sep 2	1 Sam 26	1 Cor 7
Sep 3	1 Sam 27	1 Cor 8
Sep 4	1 Sam 28	1 Cor 9
Sep 5	1 Sam 29-30	1 Cor 10
Sep 6	1 Sam 31	1 Cor 11
Sep 7	2 Sam 1	1 Cor 12
Sep 8	2 Sam 2	1 Cor 13
Sep 9	2 Sam 3	1 Cor 14
Sep 10	2 Sam 4-5	1 Cor 15
Sep 11	2 Sam 6	1 Cor 16
Sep 12	2 Sam 7	2 Cor 1
Sep 13	2 Sam 8-9	2 Cor 2
Sep 14	2 Sam 10	2 Cor 3
Sep 15	2 Sam 11	2 Cor 4
Sep 16	2 Sam 12	2 Cor 5
Sep 17	2 Sam 13	2 Cor 6
Sep 18	2 Sam 14	2 Cor 7
Sep 19	2 Sam 15	2 Cor 8
Sep 20	2 Sam 16	2 Cor 9
Sep 21	2 Sam 17	2 Cor 10
Sep 22	2 Sam 18	2 Cor 11
Sep 23	2 Sam 19	2 Cor 12
Sep 24	2 Sam 20	2 Cor 13
Sep 25	2 Sam 21	Gal 1
Sep 26	2 Sam 22	Gal 2
Sep 27	2 Sam 23	Gal 3
Sep 28	2 Sam 24	Gal 4
Sep 29	1 Ki 1	Gal 5
Sep 30	1 Ki 2	Gal 6

NOVEMBER

Nov 1	2 Ki 14	2 Tim 4
Nov 2	2 Ki 15	Titus 1
Nov 3	2 Ki 16	Titus 2
Nov 4	2 Ki 17	Titus 3
Nov 5	2 Ki 18	Philem
Nov 6	2 Ki 19	Heb 1
Nov 7	2 Ki 20	Heb 2
Nov 8	2 Ki 21	Heb 3
Nov 9	2 Ki 22	Heb 4
Nov 10	2 Ki 23	Heb 5
Nov 11	2 Ki 24	Heb 6
Nov 12	2 Ki 25	Heb 7
Nov 13	1 Chr 1-2	Heb 8
Nov 14	1 Chr 3-4	Heb 9
Nov 15	1 Chr 5-6	Heb 10
Nov 16	1 Chr 7-8	Heb 11
Nov 17	1 Chr 9-10	Heb 12
Nov 18	1 Chr 11-12	Heb 13
Nov 19	1 Chr 13-14	James 1
Nov 20	1 Chr 15	James 2
Nov 21	1 Chr 16	James 3
Nov 22	1 Chr 17	James 4
Nov 23	1 Chr 18	James 5
Nov 24	1 Chr 19-20	1 Peter 1
Nov 25	1 Chr 21	1 Peter 2
Nov 26	1 Chr 22	1 Peter 3
Nov 27	1 Chr 23	1 Peter 4
Nov 28	1 Chr 24-25	1 Peter 5
Nov 29	1 Chr 26-27	2 Peter 1
Nov 30	1 Chr 28	2 Peter 2

JUNE

Jun 1	Deut 5	Ps 88
Jun 2	Deut 6	Ps 89
Jun 3	Deut 7	Ps 90
Jun 4	Deut 8	Ps 91
Jun 5	Deut 9	Ps 92-93
Jun 6	Deut 10	Ps 94
Jun 7	Deut 11	Ps 95-96
Jun 8	Deut 12	Ps 97-98
Jun 9	Deut 13-14	Ps 99-101
Jun 10	Deut 15	Ps 102
Jun 11	Deut 16	Ps 103
Jun 12	Deut 17	Ps 104
Jun 13	Deut 18	Ps 105
Jun 14	Deut 19	Ps 106
Jun 15	Deut 20	Ps 107
Jun 16	Deut 21	Ps 108-109
Jun 17	Deut 22	Ps 110-111
Jun 18	Deut 23	Ps 112-113
Jun 19	Deut 24	Ps 114-115
Jun 20	Deut 25	Ps 116
Jun 21	Deut 26	Ps 117-118
Jun 22	Deut 27:1-28:19	Ps 119:1-24
Jun 23	Deut 28:20-68	Ps 119:25-48
Jun 24	Deut 29	Ps 119:49-72
Jun 25	Deut 30	Ps 119:73-96
Jun 26	Deut 31	Ps 119:97-120
Jun 27	Deut 32	Ps 119:121-144
Jun 28	Deut 33-34	Ps 119:145-176
Jun 29	Josh 1	Ps 120-122
Jun 30	Josh 2	Ps 123-125

AUGUST

Aug 1	Judg 15	Acts 19
Aug 2	Judg 16	Acts 20
Aug 3	Judg 17	Acts 21
Aug 4	Judg 18	Acts 22
Aug 5	Judg 19	Acts 23
Aug 6	Judg 20	Acts 24
Aug 7	Judg 21	Acts 25
Aug 8	Ruth 1	Acts 26
Aug 9	Ruth 2	Acts 27
Aug 10	Ruth 3-4	Acts 28
Aug 11	1 Sam 1	Rom 1
Aug 12	1 Sam 2	Rom 2
Aug 13	1 Sam 3	Rom 3
Aug 14	1 Sam 4	Rom 4
Aug 15	1 Sam 5-6	Rom 5
Aug 16	1 Sam 7-8	Rom 6
Aug 17	1 Sam 9	Rom 7
Aug 18	1 Sam 10	Rom 8
Aug 19	1 Sam 11	Rom 9
Aug 20	1 Sam 12	Rom 10
Aug 21	1 Sam 13	Rom 11
Aug 22	1 Sam 14	Rom 12
Aug 23	1 Sam 15	Rom 13
Aug 24	1 Sam 16	Rom 14
Aug 25	1 Sam 17	Rom 15
Aug 26	1 Sam 18	Rom 16
Aug 27	1 Sam 19	1 Cor 1
Aug 28	1 Sam 20	1 Cor 2
Aug 29	1 Sam 21-22	1 Cor 3
Aug 30	1 Sam 23	1 Cor 4
Aug 31	1 Sam 24	1 Cor 5

OCTOBER

Oct 1	1 Ki 3	Eph 1
Oct 2	1 Ki 4-5	Eph 2
Oct 3	1 Ki 6	Eph 3
Oct 4	1 Ki 7	Eph 4
Oct 5	1 Ki 8	Eph 5
Oct 6	1 Ki 9	Eph 6
Oct 7	1 Ki 10	Phil 1
Oct 8	1 Ki 11	Phil 2
Oct 9	1 Ki 12	Phil 3
Oct 10	1 Ki 13	Phil 4
Oct 11	1 Ki 14	Col 1
Oct 12	1 Ki 15	Col 2
Oct 13	1 Ki 16	Col 3
Oct 14	1 Ki 17	Col 4
Oct 15	1 Ki 18	1 Thess 1
Oct 16	1 Ki 19	1 Thess 2
Oct 17	1 Ki 20	1 Thess 3
Oct 18	1 Ki 21	1 Thess 4
Oct 19	1 Ki 22	1 Thess 5
Oct 20	2 Ki 1	2 Thess 1
Oct 21	2 Ki 2	2 Thess 2
Oct 22	2 Ki 3	2 Thess 3
Oct 23	2 Ki 4	1 Tim 1
Oct 24	2 Ki 5	1 Tim 2
Oct 25	2 Ki 6	1 Tim 3
Oct 26	2 Ki 7	1 Tim 4
Oct 27	2 Ki 8	1 Tim 5
Oct 28	2 Ki 9	1 Tim 6
Oct 29	2 Ki 10-11	2 Tim 1
Oct 30	2 Ki 12	2 Tim 2
Oct 31	2 Ki 13	2 Tim 3

DECEMBER

Dec 1	1 Chr 29	2 Peter 3
Dec 2	2 Chr 1	1 John 1
Dec 3	2 Chr 2	1 John 2
Dec 4	2 Chr 3-4	1 John 3
Dec 5	2 Chr 5:1-6:11	1 John 4
Dec 6	2 Chr 6:12-42	1 John 5
Dec 7	2 Chr 7	2 John
Dec 8	2 Chr 8	3 John
Dec 9	2 Chr 9	Jude
Dec 10	2 Chr 10	Rev 1
Dec 11	2 Chr 11-12	Rev 2
Dec 12	2 Chr 13	Rev 3
Dec 13	2 Chr 14-15	Rev 4
Dec 14	2 Chr 16	Rev 5
Dec 15	2 Chr 17	Rev 6
Dec 16	2 Chr 18	Rev 7
Dec 17	2 Chr 19-20	Rev 8
Dec 18	2 Chr 21	Rev 9
Dec 19	2 Chr 22-23	Rev 10
Dec 20	2 Chr 24	Rev 11
Dec 21	2 Chr 25	Rev 12
Dec 22	2 Chr 26	Rev 13
Dec 23	2 Chr 27-28	Rev 14
Dec 24	2 Chr 29	Rev 15
Dec 25	2 Chr 30	Rev 16
Dec 26	2 Chr 31	Rev 17
Dec 27	2 Chr 32	Rev 18
Dec 28	2 Chr 33	Rev 19
Dec 29	2 Chr 34	Rev 20
Dec 30	2 Chr 35	Rev 21
Dec 31	2 Chr 36	Rev 22