

# 2022 BIBLE READING PLAN

“The reason we come away so cold from reading the word is because we do not warm ourselves at the fire of meditation.”

THOMAS WATSON

To find this reading plan online,  
please go to our website:  
<https://rgcfairfax.org/resources/bible-reading-plan/>

You can also find other bible reading plans at:  
<http://www.esv.org/resources/reading-plans/>



## 3 KEYS TO PRAYERFUL MEDITATION

# 1

Briefly pray for God's help as you read His Word. Humbly acknowledge your need for this help. Ask God to feed you with His Word. This small act of humility will position you for God's grace. Remember, "God opposes the proud, but he gives grace to the humble." See prayers on page 6 of this booklet.

# 2

In an unhurried way, read through a pre-selected portion of Scripture. What you are seeking for is prayerful meditation on God's Word. You are seeking to let God feed you with His Word.

- Set aside enough time so you can be unhurried in your reading.
- Have a plan for what you will read.
- Prayerfully meditate as you read.

"Meditating is thinking about, reflecting upon, considering, taking to heart, reading slowly and carefully, prayerfully taking in, and humbly receiving into mind, heart and will that which God has revealed."

Peter Toon in *Meditating as a Christian*

# 3

Let your meditation on Scripture lead you into a time of prayer according to your own life situation, needs and responsibilities.

## QUESTIONS TO PROMOTE APPLICATION. LOOK FOR:

- commands to obey
- examples to follow
- promises to claim
- invitations to worship
- man's need for a Savior
- truth to believe
- sins to forsake
- principles to live by
- God's disposition to provide a Savior

## FAVORITE QUOTES

"When you read or hear [the Word of God], reflect on yourselves as you go along, comparing yourselves and your own ways with what you read or hear. Reflect and consider what agreement or disagreement there is between the word and your ways." <sup>1</sup>

Jonathan Edwards

"For it is by meditation that we ransack our deep and false hearts, find out our secret enemies, come to grips with them, expel them, and arm ourselves against their re-entrance. By meditation we make use of all good means, fit ourselves for all good duties. By meditation we see our weaknesses, obtain redress, prevent temptations, cheer up our loneliness, temper our occasions of delight, get more light unto our knowledge, add more heat to our affections, put more life into our devotions." <sup>2</sup>

Bishop Joseph Hall

"If I have observed anything by experience, it is this: a man may take the measure of his growth and decay in grace according to his thoughts and meditations upon the person of Christ, and the glory of Christ's Kingdom, and of His love."<sup>3</sup>

John Owen

<sup>1</sup>Jonathan Edwards, *The Works of Jonathan Edwards*, vol. 2, p. 177.

<sup>2</sup>Bishop Joseph Hall, *The Art of Meditation, Christian Life Classics*, vol. 3, p. 427.

<sup>3</sup>John Owen in *A Puritan Golden Treasury* ed. by I.D.E. Thomas, p. 184.

The Reading Plan on the following pages is adapted from *For the Love of God, Volume Two* by D.A. Carson.

## SOME SAMPLE PRAYERS

Changeless God, as I read your Word, would you please make yourself known to me. Amen

Searcher of hearts, as I come to your Word, would you please form your mind and your heart in me. I want to think about things the way you think about things. I want to feel about things the way you feel about things. And I want to respond to things the way you would have me respond to things. So God, I ask for your help now through your Word. Amen

Father in heaven, as I read your Word, please “open my eyes, that I may behold wondrous things out of your law.” [PSALM 119:18](#)

Holy father, my heart is not inclined to your Word this morning. Oh God, please “incline my heart to your testimonies, and not to selfish gain.” [PSALM 119:36](#)

“Make me to know your ways, O Lord; teach me your paths. Lead me in your truth and teach me, for you are the God of my salvation; for you I wait all the day long.” [PSALM 25:4-5](#)

God of grace, “please show me now your ways, that I may know you.” [EXODUS 33:13](#)

“Search me, O God, and know my heart! Try me and know my thoughts! And see if there be any grievous way in me, and lead me in the way everlasting!” [PSALM 139:23-24](#)

Oh Father, would you out of the riches of your glory strengthen me with power by your Spirit in my inner man so that, as I read your Word, Christ might dwell in my heart by faith and I might be rooted and grounded in His love, and, in fact, know His love for me today. [CF. EPHESIANS 3:16-19](#)

Oh God, my God, “satisfy me again this morning with your steadfast love, that I may rejoice and be glad all day long.” [PSALM 90:14](#)

“Speak Lord, for your servant hears.” [1 SAMUEL 3:10](#)

## JANUARY

Jan 01	Ezra 1	Acts 1
Jan 02	Ezra 2	Acts 2
Jan 03	Ezra 3	Acts 3
Jan 04	Ezra 4	Acts 4
Jan 05	Ezra 5	Acts 5
Jan 06	Ezra 6	Acts 6
Jan 07	Ezra 7	Acts 7
Jan 08	Ezra 8	Acts 8
Jan 09	Ezra 9	Acts 9
Jan 10	Ezra 10	Acts 10
Jan 11	Neh 1	Acts 11
Jan 12	Neh 2	Acts 12
Jan 13	Neh 3	Acts 13
Jan 14	Neh 4	Acts 14
Jan 15	Neh 5	Acts 15
Jan 16	Neh 6	Acts 16
Jan 17	Neh 7	Acts 17
Jan 18	Neh 8	Acts 18
Jan 19	Neh 9	Acts 19
Jan 20	Neh 10	Acts 20
Jan 21	Neh 11	Acts 21
Jan 22	Neh 12	Acts 22
Jan 23	Neh 13	Acts 23
Jan 24	Est 1	Acts 24
Jan 25	Est 2	Acts 25
Jan 26	Est 3	Acts 26
Jan 27	Est 4	Acts 27
Jan 28	Est 5	Acts 28
Jan 29	Est 6	Rom 1
Jan 30	Est 7	Rom 2
Jan 31	Est 8	Rom 3

## FEBRUARY

Feb 01	Est 9-10	Rom 4
Feb 02	Job 1	Rom 5
Feb 03	Job 2	Rom 6
Feb 04	Job 3	Rom 7
Feb 05	Job 4	Rom 8
Feb 06	Job 5	Rom 9
Feb 07	Job 6	Rom 10
Feb 08	Job 7	Rom 11
Feb 09	Job 8	Rom 12
Feb 10	Job 9	Rom 13
Feb 11	Job 10	Rom 14
Feb 12	Job 11	Rom 15
Feb 13	Job 12	Rom 16
Feb 14	Job 13	1 Cor 1
Feb 15	Job 14	1 Cor 2
Feb 16	Job 15	1 Cor 3
Feb 17	Job 16-17	1 Cor 4
Feb 18	Job 18	1 Cor 5
Feb 19	Job 19	1 Cor 6
Feb 20	Job 20	1 Cor 7
Feb 21	Job 21	1 Cor 8
Feb 22	Job 22	1 Cor 9
Feb 23	Job 23	1 Cor 10
Feb 24	Job 24	1 Cor 11
Feb 25	Job 25-26	1 Cor 12
Feb 26	Job 27	1 Cor 13
Feb 27	Job 28	1 Cor 14
Feb 28	Job 29	1 Cor 15

## MARCH

Mar 01	Job 30	1 Cor 16
Mar 02	Job 31	2 Cor 1
Mar 03	Job 32	2 Cor 2
Mar 04	Job 33	2 Cor 3
Mar 05	Job 34	2 Cor 4
Mar 06	Job 35	2 Cor 5
Mar 07	Job 36	2 Cor 6
Mar 08	Job 37	2 Cor 7
Mar 09	Job 38	2 Cor 8
Mar 10	Job 39	2 Cor 9
Mar 11	Job 40	2 Cor 10
Mar 12	Job 41	2 Cor 11
Mar 13	Job 42	2 Cor 12
Mar 14	Prov 1	2 Cor 13
Mar 15	Prov 2	Gal 1
Mar 16	Prov 3	Gal 2
Mar 17	Prov 4	Gal 3
Mar 18	Prov 5	Gal 4
Mar 19	Prov 6	Gal 5
Mar 20	Prov 7	Gal 6
Mar 21	Prov 8	Eph 1
Mar 22	Prov 9	Eph 2
Mar 23	Prov 10	Eph 3
Mar 24	Prov 11	Eph 4
Mar 25	Prov 12	Eph 5
Mar 26	Prov 13	Eph 6
Mar 27	Prov 14	Phil 1
Mar 28	Prov 15	Phil 2
Mar 29	Prov 16	Phil 3
Mar 30	Prov 17	Phil 4
Mar 31	Prov 18	Col 1

## APRIL

Apr 01	Prov 19	Col 2
Apr 02	Prov 20	Col 3
Apr 03	Prov 21	Col 4
Apr 04	Prov 22	1 Thess 1
Apr 05	Prov 23	1 Thess 2
Apr 06	Prov 24	1 Thess 3
Apr 07	Prov 25	1 Thess 4
Apr 08	Prov 26	1 Thess 5
Apr 09	Prov 27	2 Thess 1
Apr 10	Prov 28	2 Thess 2
Apr 11	Prov 29	2 Thess 3
Apr 12	Prov 30	1 Tim 1
Apr 13	Prov 31	1 Tim 2
Apr 14	Eccles 1	1 Tim 3
Apr 15	Eccles 2	1 Tim 4
Apr 16	Eccles 3	1 Tim 5
Apr 17	Eccles 4	1 Tim 6
Apr 18	Eccles 5	2 Tim 1
Apr 19	Eccles 6	2 Tim 2
Apr 20	Eccles 7	2 Tim 3
Apr 21	Eccles 8	2 Tim 4
Apr 22	Eccles 9	Titus 1
Apr 23	Eccles 10	Titus 2
Apr 24	Eccles 11	Titus 3
Apr 25	Eccles 12	Philem
Apr 26	Song 1	Heb 1
Apr 27	Song 2	Heb 2
Apr 28	Song 3	Heb 3
Apr 29	Song 4	Heb 4
Apr 30	Song 5	Heb 5

## MAY

May 1	Song 6	Heb 6
May 2	Song 7	Heb 7
May 3	Song 8	Heb 8
May 4	Isa 1	Heb 9
May 5	Isa 2	Heb 10
May 6	Isa 3-4	Heb 11
May 7	Isa 5	Heb 12
May 8	Isa 6	Heb 13
May 9	Isa 7	James 1
May 10	Isa 8:1-9:7	James 2
May 11	Isa 9:8-10:4	James 3
May 12	Isa 10:5-34	James 4
May 13	Isa 11-12	James 5
May 14	Isa 13	1 Peter 1
May 15	Isa 14	1 Peter 2
May 16	Isa 15	1 Peter 3
May 17	Isa 16	1 Peter 4
May 18	Isa 17-18	1 Peter 5
May 19	Isa 19-20	2 Peter 1
May 20	Isa 21	2 Peter 2
May 21	Isa 22	2 Peter 3
May 22	Isa 23	1 John 1
May 23	Isa 24	1 John 2
May 24	Isa 25	1 John 3
May 25	Isa 26	1 John 4
May 26	Isa 27	1 John 5
May 27	Isa 28	2 John
May 28	Isa 29	3 John
May 29	Isa 30	Jude
May 30	Isa 31	Rev 1
May 31	Isa 32	Rev 2

## JULY

Jul 1	Isa 63	Matt 11
Jul 2	Isa 64	Matt 12
Jul 3	Isa 65	Matt 13
Jul 4	Isa 66	Matt 14
Jul 5	Jer 1	Matt 15
Jul 6	Jer 2	Matt 16
Jul 7	Jer 3	Matt 17
Jul 8	Jer 4	Matt 18
Jul 9	Jer 5	Matt 19
Jul 10	Jer 6	Matt 20
Jul 11	Jer 7	Matt 21
Jul 12	Jer 8	Matt 22
Jul 13	Jer 9	Matt 23
Jul 14	Jer 10	Matt 24
Jul 15	Jer 11	Matt 25
Jul 16	Jer 12	Matt 26
Jul 17	Jer 13	Matt 27
Jul 18	Jer 14	Matt 28
Jul 19	Jer 15	Mark 1
Jul 20	Jer 16	Mark 2
Jul 21	Jer 17	Mark 3
Jul 22	Jer 18	Mark 4
Jul 23	Jer 19	Mark 5
Jul 24	Jer 20	Mark 6
Jul 25	Jer 21	Mark 7
Jul 26	Jer 22	Mark 8
Jul 27	Jer 23	Mark 9
Jul 28	Jer 24	Mark 10
Jul 29	Jer 25	Mark 11
Jul 30	Jer 26	Mark 12
Jul 31	Jer 27	Mark 13

## SEPTEMBER

Sep 1	Ezek 4	Ps 40-41
Sep 2	Ezek 5	Ps 42-43
Sep 3	Ezek 6	Ps 44
Sep 4	Ezek 7	Ps 45
Sep 5	Ezek 8	Ps 46-47
Sep 6	Ezek 9	Ps 48
Sep 7	Ezek 10	Ps 49
Sep 8	Ezek 11	Ps 50
Sep 9	Ezek 12	Ps 51
Sep 10	Ezek 13	Ps 52-54
Sep 11	Ezek 14	Ps 55
Sep 12	Ezek 15	Ps 56-57
Sep 13	Ezek 16	Ps 58-59
Sep 14	Ezek 17	Ps 60-61
Sep 15	Ezek 18	Ps 62-63
Sep 16	Ezek 19	Ps 64-65
Sep 17	Ezek 20	Ps 66-67
Sep 18	Ezek 21	Ps 68
Sep 19	Ezek 22	Ps 69
Sep 20	Ezek 23	Ps 70-71
Sep 21	Ezek 24	Ps 72
Sep 22	Ezek 25	Ps 73
Sep 23	Ezek 26	Ps 74
Sep 24	Ezek 27	Ps 75-76
Sep 25	Ezek 28	Ps 77
Sep 26	Ezek 29	Ps 78:1-39
Sep 27	Ezek 30	Ps 78:40-72
Sep 28	Ezek 31	Ps 79
Sep 29	Ezek 32	Ps 80
Sep 30	Ezek 33	Ps 81-82

## NOVEMBER

Nov 1	Hosea 7	Ps 120-122
Nov 2	Hosea 8	Ps 123-125
Nov 3	Hosea 9	Ps 126-128
Nov 4	Hosea 10	Ps 129-131
Nov 5	Hosea 11	Ps 132-134
Nov 6	Hosea 12	Ps 135-136
Nov 7	Hosea 13	Ps 137-138
Nov 8	Hosea 14	Ps 139
Nov 9	Joel 1	Ps 140-141
Nov 10	Joel 2	Ps 142
Nov 11	Joel 3	Ps 143
Nov 12	Amos 1	Ps 144
Nov 13	Amos 2	Ps 145
Nov 14	Amos 3	Ps 146-147
Nov 15	Amos 4	Ps 148-150
Nov 16	Amos 5	Lu 1:1-38
Nov 17	Amos 6	Lu 1:39-80
Nov 18	Amos 7	Lu 2
Nov 19	Amos 8	Lu 3
Nov 20	Amos 9	Lu 4
Nov 21	Obadiah	Lu 5
Nov 22	Jonah 1	Lu 6
Nov 23	Jonah 2	Lu 7
Nov 24	Jonah 3	Lu 8
Nov 25	Jonah 4	Lu 9
Nov 26	Micah 1	Lu 10
Nov 27	Micah 2	Lu 11
Nov 28	Micah 3	Lu 12
Nov 29	Micah 4	Lu 13
Nov 30	Micah 5	Lu 14

## JUNE

Jun 1	Isa 33	Rev 3
Jun 2	Isa 34	Rev 4
Jun 3	Isa 35	Rev 5
Jun 4	Isa 36	Rev 6
Jun 5	Isa 37	Rev 7
Jun 6	Isa 38	Rev 8
Jun 7	Isa 39	Rev 9
Jun 8	Isa 40	Rev 10
Jun 9	Isa 41	Rev 11
Jun 10	Isa 42	Rev 12
Jun 11	Isa 43	Rev 13
Jun 12	Isa 44	Rev 14
Jun 13	Isa 45	Rev 15
Jun 14	Isa 46	Rev 16
Jun 15	Isa 47	Rev 17
Jun 16	Isa 48	Rev 18
Jun 17	Isa 49	Rev 19
Jun 18	Isa 50	Rev 20
Jun 19	Isa 51	Rev 21
Jun 20	Isa 52	Rev 22
Jun 21	Isa 53	Matt 1
Jun 22	Isa 54	Matt 2
Jun 23	Isa 55	Matt 3
Jun 24	Isa 56	Matt 4
Jun 25	Isa 57	Matt 5
Jun 26	Isa 58	Matt 6
Jun 27	Isa 59	Matt 7
Jun 28	Isa 60	Matt 8
Jun 29	Isa 61	Matt 9
Jun 30	Isa 62	Matt 10

## AUGUST

Aug 1	Jer 28	Mark 14
Aug 2	Jer 29	Mark 15
Aug 3	Jer 30-31	Mark 16
Aug 4	Jer 32	Ps 1-2
Aug 5	Jer 33	Ps 3-4
Aug 6	Jer 34	Ps 5-6
Aug 7	Jer 35	Ps 7-8
Aug 8	Jer 36, 45	Ps 9
Aug 9	Jer 37	Ps 10
Aug 10	Jer 38	Ps 11-12
Aug 11	Jer 39	Ps 13-14
Aug 12	Jer 40	Ps 15-16
Aug 13	Jer 41	Ps 17
Aug 14	Jer 42	Ps 18
Aug 15	Jer 43	Ps 19
Aug 16	Jer 44	Ps 20-21
Aug 17	Jer 46	Ps 22
Aug 18	Jer 47	Ps 23-24
Aug 19	Jer 48	Ps 25
Aug 20	Jer 49	Ps 26-27
Aug 21	Jer 50	Ps 28-29
Aug 22	Jer 51	Ps 30
Aug 23	Jer 52	Ps 31
Aug 24	Lam 1	Ps 32
Aug 25	Lam 2	Ps 33
Aug 26	Lam 3	Ps 34
Aug 27	Lam 4	Ps 35
Aug 28	Lam 5	Ps 36
Aug 29	Ezek 1	Ps 37
Aug 30	Ezek 2	Ps 38
Aug 31	Ezek 3	Ps 39

## OCTOBER

Oct 1	Ezek 34	Ps 83-84
Oct 2	Ezek 35	Ps 85
Oct 3	Ezek 36	Ps 86-87
Oct 4	Ezek 37	Ps 88
Oct 5	Ezek 38	Ps 89
Oct 6	Ezek 39	Ps 90
Oct 7	Ezek 40	Ps 91
Oct 8	Ezek 41	Ps 92-93
Oct 9	Ezek 42	Ps 94
Oct 10	Ezek 43	Ps 95-96
Oct 11	Ezek 44	Ps 97-98
Oct 12	Ezek 45	Ps 99-101
Oct 13	Ezek 46	Ps 102
Oct 14	Ezek 47	Ps 103
Oct 15	Ezek 48	Ps 104
Oct 16	Dan 1	Ps 105
Oct 17	Dan 2	Ps 106
Oct 18	Dan 3	Ps 107
Oct 19	Dan 4	Ps 108-109
Oct 20	Dan 5	Ps 110-111
Oct 21	Dan 6	Ps 112-113
Oct 22	Dan 7	Ps 114-115
Oct 23	Dan 8	Ps 116
Oct 24	Dan 9	Ps 117-118
Oct 25	Dan 10	Ps 119:1-24
Oct 26	Dan 11	Ps 119:25-48
Oct 27	Dan 12	Ps 119:49-72
Oct 28	Hosea 1	Ps 119:73-96
Oct 29	Hosea 2	Ps 119:97-120
Oct 30	Hosea 3-4	Ps 119:211-144
Oct 31	Hosea 5-6	Ps 119:145-176

## DECEMBER

Dec 1	Micah 6	Lu 15
Dec 2	Micah 7	Lu 16
Dec 3	Nahum 1	Lu 17
Dec 4	Nahum 2	Lu 18
Dec 5	Nahum 3	Lu 19
Dec 6	Hab 1	Lu 20
Dec 7	Hab 2	Lu 21
Dec 8	Hab 3	Lu 22
Dec 9	Zeph 1	Lu 23
Dec 10	Zeph 2	Lu 24
Dec 11	Zeph 3	John 1
Dec 12	Hag 1	John 2
Dec 13	Hag 2	John 3
Dec 14	Zech 1	John 4
Dec 15	Zech 2	John 5
Dec 16	Zech 3	John 6
Dec 17	Zech 4	John 7
Dec 18	Zech 5	John 8
Dec 19	Zech 6	John 9
Dec 20	Zech 7	John 10
Dec 21	Zech 8	John 11
Dec 22	Zech 9	John 12
Dec 23	Zech 10	John 13
Dec 24	Zech 11	John 14
Dec 25	Zech 12:1-13:1	John 15
Dec 26	Zech 13:2-9	John 16
Dec 27	Zech 14	John 17
Dec 28	Mal 1	John 18
Dec 29	Mal 2	John 19
Dec 30	Mal 3	John 20
Dec 31	Mal 4	John 21